



# Human Growth Development and Recovery

## Descriptions and Instructions for using The Matrix Project:

- ~Additional Matrix Item Descriptions for Easy Reference during Session
- ~Keywords added to many items for Matrix Searches
- ~Coded Categories for Specialized Matrix Searches

To see the complete list of modified matrix items, type in the tilde symbol: ~ into the search field and click “search”. This will populate a list of every item I have modified either with:

- 1.) the addition of a word added to the line to create more specific “searches” (such as an organ, system or emotion)
- 2.) A spelling correction (which will be a long project!)
- 3.) A code (such as “onco” for items pertinent to clients with stress from cancer, with gratitude to Dr. Steven Small for helping to compile this list.)

The following is a list of some of The Matrix Project modifications, designed to enhance your use of the matrix. Gage will offer free Matrix Project Webinars beginning in October to show you creative, time saving ways of using the matrix to uncover core issues.

**Narayani Formulas:** fuller descriptions of these items are now written on the line, including the original potencies of the formulas, which is helpful to homeopaths and those using duplication forms, such as NRG cards and liquids.

**“Australian Bush” and “Bach” Flower Essence Formulas:** fuller descriptions of these items are now written on the line for a much deeper insight into what the subconscious issues may be.

**(FE) Flower Essence Matrix Item Numbers** are now listed on the line and are visible in the “yellow strips” that appear on the main matrix “hold tray searches”, eliminating the need to look up the matrix number for piggybacking in other portions of the program. In addition, the “(FE)” at the beginning of each Flower Essence entry has been moved to the end of the name of the flower essence for the purpose of being able to type in the name of the flower essence in piggybacks for a hololinguistic effect. (Tip: the system looks for the first letters of an entry. By moving the “FE” to the end of the name of the flower essence means that you can simply type in the name of the flower essence instead of using the number.)

**Chromosome Matrix Item Numbers** are now listed on the line and are visible in the “yellow strips” that appear on the main matrix “hold tray searches”, eliminating the need to look up the matrix number for piggybacking in other portions of the program. The word “chromosome” has been moved to after the



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identifying letter and number (such as “Q 2”) for the same reason as above: so that you can simply enter in the chromosome letter and number into piggyback fields later. The matrix number is also listed on the line so that you do not have to look them up if they appear in “yellow strip” searches.

**Spinal Vertebrae and Tooth Sarcodes Matrix Items:** Organ and gland connections from each vertebra and tooth are now listed on the line for fast reference; pertinent vertebra will now appear in appropriate or connected “organ” searches (example: type in “kidney” and the vertebrae connected to it will now appear in the search for “kidney” for a more holistic overview).

**Allersodes and Blood Type Listings:** Many more potential allergy items appear in the Spinal Program’s “Allersodes” list for expanded “Allergy Reports” to plug into the “allergy therapy” panel, and Blood Typing information has been added to the line for fast and easy reference. Example: type in “bto” (tip: searches are not upper or lower case sensitive) into the “search” field, and type “search”, and all items pertaining to blood type o will appear. If you type in “bto: avoid” (bto [colon space] avoid) all of the items that are believed best for blood type o’s to avoid are listed, as they are for other blood types (see search tips below).

**Keywords Added to Matrix Descriptions for Searches:** many keywords such as “weight”, “immune”, “insomnia”, “addiction”, “feminine”, “masculine”, “anxiety”, “metals”, “depression”, “digestion”, “past life”, etc. have been added appropriately to mark pertinent items for searches and greatly expand the number of items that appear in the search list for a shortcut into seeing a list of factors that may be involved with the issues listed above.

## **Codes Added for Specialty Searches:**

“**onco**”: this code, upon the request of Dr. Steven Small (thank you Dr. Steven Small for providing valuable insight into the compilation of this list), when entered into the main matrix’s “search” field, will identify the more obscure and supportive matrix items that pertain to cancer without pulling some of the other less important items that have been marked “cancer”, such as broccoli, carrot, etc. I did not mark “worms” as onco, nor did I mark fungi, these are items that should be searched on their own with the understanding that they may be stress factors for these clients. However, many viral patterns that have been associated with cancer by alternative practitioners have been marked “onco”. Instead of an exhaustive list that might confuse practitioners, we opted for an elegantly streamlined one pertinent to clients with stress from cancer. This list is a companion to Dr. Small’s book, “Decoding The Matrix”, where many of these items’ meanings are explored more deeply.



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**“Acumeridian”**: this word will provide a list of only the acupuncture meridian matrix items themselves, and separate them from the remedies for meridians. If you choose to see the remedies, then search “meridian” and you will see them.

**“Perverse energies”**: this will provide a list of the modern perverse energies listed on the “perverse energies” program in Risks Profile, and you can see them in their order of reactivity strength, do individual reactions on them to see entangled areas, emotions, and so forth. I used the word “energies” because the word “energy” will be it’s own search.

**“Metals”**: searching the plural of “metals” will provide a list of heavy metal items and remedies separate from the metallicums or other items containing the singular word “metal”.

**“Weight”**: self explanatory, I also marked the pesticides, which mimic estrogens and can occupy hormone receptor sites on the cells, in this category.

**“BTO”**: this will reveal all items pertinent for blood type O’s. The word “blood” was not used so that these items would not convolute “blood” searches.

**“BTO: beneficial”** (bto [colon space] beneficial) will show items thought beneficial to blood type O’s by Dr. Joe D’Adamo’s blood typing research.

**“BTO: avoid”** ([colon space] avoid) will show items thought best to avoid for blood type O’s by Dr. D’Adamo’s research.

**“BTA”**: same as above, for blood type A’s: ‘bta: avoid’, ‘bta: beneficial’

**“BTB”**: same as above, for blood type B’s. (BTB: beneficial, BTB: avoid or simply see all items by typing in “BTB”)

**“BT-AB”**: (use a dash to separate blood type AB’s from the BTA’s) same as above, just include a dash: BT-AB: beneficial, BT-AB: avoid will provide pertinent lists.

**“rtc”**: this code will identify more items associated with the energy of “resistance to change”.

**“hgd”**: this code will identify items central to the emotional and spiritual growth work done in Human Growth, Development and Recovery courses.

**“hgdp”**: this code will identify items associated with promoting “prosperity” and “success” matrix items.



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**“hgdsr”**: (sexual recovery) this code will quickly identify reactive items that are helpful for those recovering from sexual abuse or sexual issues.

**“hgdre”**: (relationship enhancement) this code will quickly identify items that are helpful for people with relationship stress.

**“hgdc”**: this code will identify reactive items that could be called “core” or “central” issues”.

**“hgds”**: this code will identify top reactive items helpful for Spiritual Enhancement and growth.

**“hgds”**: this code will identify items helpful for Spiritual Oppression.

**“hgdn”**: this code will identify top reactive items for the narcissistic personality disorder, and helps to balance those who feel no empathy for others.

**“hgdi”**: this code will identify top reactive items for intelligence enhancement, which includes the intuitive faculties, and references nutrients, brain sarcodes and other emotional intelligence items pertinent to this endeavor.

**“hgd1”**: this code will identify items that pertain to and help rebuild Erikson’s “Infancy” Stage of Development (gestation through age 2) and help to rebuild “trust”.

**“hgd2”**: this code will identify items that pertain to and help rebuild Erikson’s “Autonomy” Stage of Development (ages 2-5)

**“hgd3”**: this code will identify items that pertain to and help rebuild Erikson’s “Initiative” Stage of Development (6-9) and passive aggression.

**“hgd4”**: this code will identify items that pertain to and help rebuild Erikson’s “Industry” Stage of Development (10-12) and gender identity.

**“hgd5”**: this code will identify items that pertain to and help rebuild Erikson’s “Identity” Stage of Development (13-18)

By searching any of the above words or codes, you will be making another “subfile” list that you can test a variety of items against. For example, you could drag and drop “rejection” into the hold tray, then type in “hgdre” (for relationship enhancement) and click “test item in hold tray above” underneath “rejection” and see where the superconscious relationship issues still are.



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